

Why QuietCare Makes Sense for Independent Seniors

QuietCare's technology helps you to live at home, on your own, safely. By enhancing your "safety net", QuietCare improves your quality of life.

QuietCare detects potential emergencies when you may need help. Trained emergency response operators quickly respond to alerts, first calling you and then notifying family members and caregivers. Help can be on the way even if you cannot call for it.

Why QuietCare Makes Sense for Family Members and Caregivers

QuietCare reduces the stress of caring for an aging parent or loved one, helping you deal with uncertainties and emergencies. It increases families' peace of mind.

QuietCare bridges the gap in time when you aren't there, whether you are a mile apart or thousands of miles away. You can go online to "look in" at any time, from anywhere with internet access. You can be better informed when you talk with your loved one about their well being.

Did You Know?

- 10.5 million seniors live alone – almost 1/3 of all seniors.
- 33% of seniors over age 65 fall each year. 2/3 fall again within six months.
- After a fall or other emergency, 90% of people who get help within one hour will continue independent living.
- 7 – 10 million adult children are caring for their parents from a long distance.
- 44% of Americans ages 44-55 are part of "The Sandwich Generation" – caring for seniors and children under 21.
- 73% of all family elder caregivers are women.
- Fully 30% of all admissions into nursing homes and assisted living facilities occur not because of deterioration of the person's condition, but because of caregiver burnout due to a constant need to be present to monitor activities.

Why Caring People Choose QuietCare

"Well – I got my life back. Basically, that's what happened. I was a 24-hour caregivers for my mom for a year and a half and didn't have a life."

Emily H., Family Caregiver

"It makes me feel safe. I can be here without anybody watching me, and I don't even know it's here. I sleep much better at night knowing that if something were to happen to me, they are going to respond."

Dale G., QuietCare Client

Finally, a better choice for independent seniors and those who care about them.



"...Perhaps the most important development in eldercare in a generation."

Dr. Robert Roush,
Baylor College of Medicine
Director, Texas Consortium of Geriatric Education Centers

QuietCare®

QuietCare®



I live on my own now. Robert passed away last year, but I'm busy with my friends, social clubs, exercise class, my gardening, cooking and even a little golf. I love my home and like being on my own schedule. My daughter lives nearby, but she has two teenagers and they do keep her busy! She can't be over here all the time. And my son lives out of state and travels a lot. I'm perfectly able to live on my own but sometimes I think....

What if something happened to me and I couldn't call for help? How would anyone know? How would I get help? What can I do?

Choose Independence and Safety

Over 95% of seniors want to remain independent and living in their own home. But doing so safely can be a challenge, particularly if a senior lives alone or has medical concerns. Family members, even if living nearby, cannot be there or "on call" all the time.

For the first time, there is a better choice.

The QuietCare® system provides 24/7 coverage that lets seniors maintain safe, independent living. Through patented and proven technology, QuietCare provides early detection and early warning of emergencies by identifying potentially dangerous changes in behavior. QuietCare's small activity sensors, positioned strategically through the home, report a senior's activities of daily living that are key to their well being.

QuietCare guards safety, too. It's the only system that **automatically generates alerts** for common potential emergencies such as possible bathroom falls, no morning activity or extreme household temperatures, even if the senior cannot summon help on their own. Alerts are received by a QuietCare emergency response operator, who will immediately call the senior and their designated family members or caregivers.

Choose Maintaining Well Being

QuietCare observes a senior's normal patterns of daily living key to their well being, without intruding on privacy:

- Did Dad get up and out of the bedroom this morning?
- Is there a possibility that Mom has fallen in the bathroom?
- Is Dad preparing his meals regularly? Has he remembered to take his medications?
- Is Mom sleeping well?
- Is Dad getting less active during the day?
- Is Mom's home too hot or cold?

Choose Peace of Mind

If you are a senior, QuietCare makes it much easier to stay "safe at home". With QuietCare, you can go about your daily activities, enjoying your independence. Yet you are assured that when help is needed, it will be on the way even if you cannot call for assistance. As part of your essential "safety net", QuietCare can help relieve you and your family of worry.

And if you are a family member, you know that QuietCare is always there even when you or a caregiver cannot be, relieving the uncertainty of caring for a loved one. Because you can "look in" from anywhere with internet access – from work, home or traveling – QuietCare gives you the gift of time with less stress.

How QuietCare Works

In the home, QuietCare's wireless sensors report activity from key areas such as the bedroom, bathroom and kitchen. No cameras are used, preserving privacy, and no action by the senior is required.

On your PC, you can view QuietCare's activity reports and alerts on a secure, password-protected website available at any time. Easy-to-scan screens identify morning wakeup, potential bathroom falls, medication handling, meal preparation, sleep habits, overall activity levels and home temperature.

This is just part of what you can view online:

A summary and assessment of activities key to well being.

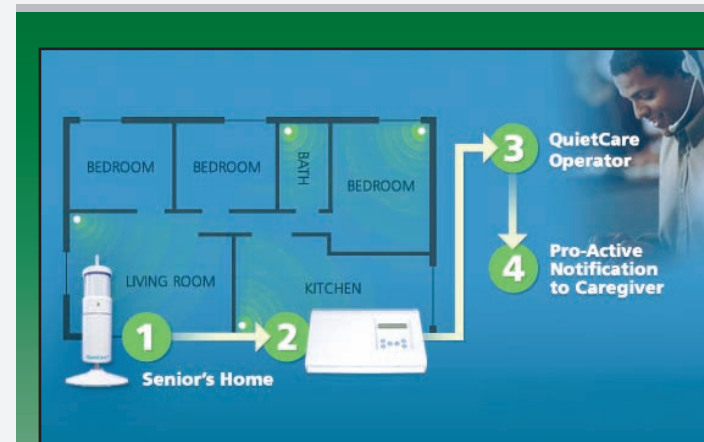
- **Green lights** indicate normal activity levels.
- **Yellow lights** indicate changes in behavior which may require further investigation.
- **Red lights** indicate that the senior should be contacted immediately. Designated caregivers are notified by phone, text message, pager or e-mail.

Detection of potential emergencies. This red alert indicates a possible bathroom fall because Sandra did not exit within a normal period of time. A QuietCare emergency response operator will contact Sandra and, if necessary, her designated caregivers and local emergency services will be called immediately to check on her condition.

Identification of activity changes that may indicate developing problems. This yellow alert indicates a lack of kitchen activity. Sandra may not have eaten enough during the day and should be contacted. See further details by clicking the "VIEW" button.

Another benefit of QuietCare: Since the system tracks activities over time, you can share this information with a doctor or other healthcare professional if needed.

In case of emergency – a bathroom fall, no morning activity or extreme household temperatures – **a QuietCare emergency response operator will immediately call** the senior and, if needed, their designated family members, caregivers or local emergency services.



Sandra 75°F as of 05:00 am on Friday 28 Jul 2006

Activity	Current Status	VIEW
AM Bedroom Exit	Blue: Sandra has not left the bedroom, but is not "late" yet.	VIEW
Possible Bathroom Fall	Red: Fall may have occurred. Sandra at home may require immediate medical attention, contact Sandra immediately to check on their condition.	VIEW
Medication	Grey: 3 Medication events yesterday. This motion sensor data must be used in conjunction with a detailed understanding of medications and their dosage amounts and timing. This information should not be construed as medical advice in any way.	VIEW
Meal Preparation	Yellow: Too Few Events. Call Sandra at home and ask about their condition.	VIEW
Activity Index	Green: Was active in the normal range over the past 24 hours.	VIEW
Night-Time Bathroom Visits	Green: Bathroom activity was in the normal range.	VIEW

Other ● alerts from past week (if any)

Date/time	Alert
Review alerts/actions history	